

# JIVAMUKTI YOGA SCHOOL

For Immediate Release  
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www.jivamuktiyoga.com

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Jivamukti Yoga School Hosts a Second Annual  
Jivamukti Bhakti Retreat  
Saturday, April 4, 2009, 9:00am – 5:00pm

*Old Westbury Gardens*

The Jivamukti Yoga School invites you to attend a Bhakti yoga retreat at Old Westbury Gardens in Old Westbury, Long Island. For advanced and beginning practitioners alike, this intensive, full-day event includes asana classes with renowned Jivamukti co-founder Sharon Gannon, and dialogues with author and Hofstra University Professor, Joshua M. Greene. The program will be presented to help students to discover the sacred in the everyday, to awaken devotion within the heart, and to enhance meditations and daily practices. The retreat will also feature live music from the internationally known kirtan group, *As Kindred Spirits*, poetry, intimate discussions, and shared experiences. A delicious vegetarian meal will also be provided.

The 200 beautiful and bucolic acres of Old Westbury Gardens provide a perfect setting for this rejuvenating retreat. Most of the program will take place at Orchard Hill, an 1859 Quaker farmhouse that was the former home of Old Westbury Gardens' founder, Peggie Phipps. Students will also be encouraged to walk the Gardens' grounds, and to enjoy the wooded paths, lakes, fields, and indescribable gardens.

Reservations and prepayment are required. The cost is \$150.00 per person (or only \$120.00 if you register prior to March 1).

Old Westbury Gardens is located at 71 Old Westbury Road, Old Westbury. (Visit [www.oldwestburygardens.org](http://www.oldwestburygardens.org)).