

Old Westbury Gardens

School Visit Wellness Addendum- 12/2/22

School Name: _____ Grade level: _____

Old Westbury Gardens is excited to welcome students on-site for engaging and effective education programming. OWG strives to deliver consistent, high quality programming that, as always, prioritizes the health and safety of both children and staff to ensure a positive experience for all involved.

Curriculum-based outdoor-learning programs have reported numerous positive effects including improved concentration, prosocial behavior, increased student engagement, improved psychological well-being, and self-determination.¹

How are we keeping your students safe?

- Registration is limited to a maximum of 25 students per Gardens educator. Two to three Gardens educators are available dependent on the visit date.
- Each group will be led by 1 trained Gardens educator and must be accompanied by at least 1 adult supervisor (teacher/ chaperone).
- Face masks are not required, but are encouraged for program participants.
- Activities will be led with wellness and spacing in mind, for both sit down activities and active games.
- Routine cleaning of surfaces and shared supplies will be maintained.

What can you and/ or caregivers do to keep your students safe?

- Monitor your student/ adult supervisor (teacher/ chaperone) health and wellness. If a participant is sick or feels unwell, they are advised to stay home.
- Continue to promote and reinforce healthy habits in the classroom and at home to prevent illness such as:
 - Proper hand washing
 - Covering coughs and sneezes
 - A well-balanced diet
 - Regular exercise
 - Good sleeping patterns

As a reminder, when visiting any public space there is an inherent risk of exposure to contagious illnesses including but not limited to COVID-19, the flu, and RSV for students/ classes/ teachers/ chaperones. Please take all necessary precautions to maintain health and wellness.

¹ Leslie Solomonian, ND, Domenique Barbaro, Racheal Adesuwa Onah, Mariah Wilson, BHK, and Zachary De Rose, "Effects of Outdoor Learning School-Based Education Programs on Pediatric Health", Natural Medicine Journal, Diversified Communications, 3/2/22, <https://www.naturalmedicinejournal.com>.